

# CARLISLE SUB AQUA CLUB

## DIVE LOG / RISK ASSESSMENT

SITE / LOCATION / Firth of Clyde		DATE			ORGANISER			MARSHALL / SAFETY / FIRST AID				
PURPOSE		WEATHER			WIND – STRENGTH - DIRECTION			SHORE / BOAT				
SEA CONDITIONS		TIDE STATE		H.W. TIME		CURRENT		WATER TEMP.		VIZ		02/FIRST AID KIT Y / N
DIVER		QUAL	CYL	AIR IN	AIR OUT	TIME IN	DEPTH	DURATION	INTER	DEC	NITROX %	DIVER INITIAL
TRAINEE		TRAINING					INSTRUCTOR			INST/TRAINEE INITS.		

WATER ENTRY / EXIT		DIVE SITE	
Distance car park – entry point	Good road & pontoon. Trolleys for gear	Dive profile	Trail Island – Reef stepped down to 40m – pick suitable depth for experience of divers
Terrain	Tarmac, boards with non slip matting	Max depth	20m trainees; 30m Sports Divers; 40m Master Divers
Ease of Entry	Backward roll - easy	Steepness of bottom	DEPENDS ON SITE
Number of exit points	1 - ladder	Type of bottom	Rocky reef, gravel, sand, silty at deeper depths
Ease of exit	Remove gear if climbing ladder a problem	Entanglements	None

HAZARD	RISK REDUCTION MEASURES
Busy car park	Take care when moving around with gear
Steep slope down to pontoon	Needs 2 to push trolley loaded with gear
Ascent with DSMB	Ensure all divers are familiar with use of DSMB
Current/tide – depends on state of tide & dive site	Trail Island – do as drift dive. Change dive site/take skippers advice
See overleaf for dive boat hazards, etc	

Any diving - related incident call 999 (VHF Channel 16) and ask for the Coastguard.  
 Suspected Decompression Sickness/Embolism: lay casualty flat, give 100% oxygen continuously as soon as possible, give casualty water/isotonic drinks, contact the Coastguard.

First Aid  
 Remove from danger | Maintain breathing/circulation | Stem bleeding | Treat for shock | Seek help

Doctor Telephone Largs - 01475674545	Hospital Telephone Ayr – 01292 610556	Coastguard Telephone 01475 729888 or 999 or CH 16
Royal Navy Doctor Helpline 07831 151523	Aberdeen Royal Infirmary Helpline 0845 4086008	

